



disaster is no excuse for family violence

You can help in just 4 steps:

1. **ASK:** Are you safe at home?
2. **NAME IT:** What you've just described to me is violence and it's a crime.
3. **RESPOND:** Give contact details of the local Domestic Violence Service, CASA and Victoria Police.
4. **FOLLOW UP:** 'Last time you spoke about your safety. I'd like to know how you are now.'

www.genderanddisaster.com.au

(Adapted from 'Raped by a Partner')

'She dances on the wind' by Ona Henderson (03) 9712 0393

Gender & Disaster Pod

An initiative of WHGNE, WHIN & MUDRI

Safe Steps 24/7 – 9322 3555 or 1800 015 188. Support, info or referral to safe accom. www.safesteps.org.au

CASA 24/7 – Centres Against Sexual Assault 1800 806 292
www.casa.org.au

Victoria Police – 000

1800RESPECT 24/7 – 1800 737 732 Support for sexual assault, family violence and abuse. www.1800respect.org.au/inclusive-practice/violence-in-times-of-disaster

Yarning Safe'n'Strong 24/7 – 1800 959 563, for Aboriginal and Torres Strait Islander people and families who need to have a yarn with someone about their wellbeing

Kids Helpline 24/7– 1800 55 1800
www.kidshelpline.com.au

Men's Helpline 24/7 – 1300 78 99 78
www.mensline.org.au

QLife – 1800 184 527 Anonymous LGBTIQ+ peer support & referral, 3pm – midnight every day. <https://qlife.org.au>

Men's Referral Service 24/7 – 1300 766 491 (Toll Free).
www.ntv.org.au

